



With over 20 years' experience in Autism, we have an excellent reputation for delivering quality training that makes an impact.

<p style="text-align: center;">Autism Surgery Dates</p> <ul style="list-style-type: none"> • HACS Centre 10 am WED 04.10.23 • Virtual 10 am WED 18.10.23 • Virtual 6:30 pm WED 18.10.23 • HACS Centre 10 am WED 01.11.23 • Virtual 10 am WED 15.11.23 • Virtual 6:30 pm WED 15.11.23 • HACS Centre 10 am WED 06.12.23 • Virtual 10 am WED 13.12.23 • Virtual 6:30 pm WED 13.12.23 	<p>The surgeries are your chance to find out about our services, meet other parents/carers, seek advice about issues currently affecting you. Interactive Meetings Members, non-members, and Professionals</p>
<p style="text-align: center;">Coffee Morning Dates</p> <ul style="list-style-type: none"> • HACS Resource Centre 10 AM 11.10.23 • HACS Resource Centre 10 AM 08.11.23 	<p>This is a chance for parents/carers to meet up in a relaxed atmosphere, enjoy tea or coffee and a sweet treat alongside our Family Support Team and access up-to-date information about what's going on both at HACS and locally.</p>
<p style="text-align: center;">Glitz & Glam</p> <p style="text-align: center;">Date: Saturday 18th November 2023 Time: 7:30 PM - 1am Location: McGovern Park, 315-384 W End Rd, Ruislip HA4 6QX RSVP to enquiries@hacs.org.uk 020 8606 6780</p>	<p>We are delighted to share an invite to our annual fundraiser Glitz and Glam, dance the night away while raising funds to support essential HACS services.</p> <p style="text-align: center;">Live Music from The Sing Out Sisters Casino Auction Raffle</p> <p style="text-align: center;">Tickets: £40</p>
<p style="text-align: center;">HACS Winter Coach Trip to Brighton</p> <p style="text-align: center;">Date: Saturday 25th November 2023 Ticket Price: £30 RSVP to enquiries@hacs.org.uk 020 8606 6780</p>	<p>This year we are headed to Brighton to enjoy the lanes and festive Christmas market. Brighton offers some of the best shopping on the South coast. Once again St Peter's Church Plaza will play host to a German style Christmas Market where you can browse beautiful wooden stalls selling a selection of delicious food and gifts.</p>
<p style="text-align: center;">Understanding and Supporting Autistic Adults</p> <p style="text-align: center;">Date: Tuesday 17th October Time: 6.30pm – 8.30pm Location: Zoom meeting £10 member / £20 non-member</p>	<p>A training webinar for parents/carers and professionals. Co-produced with autistic adults, this webinar will focus on the key areas of difference, creating a toolkit of strategies and supporting independence.</p>
<p style="text-align: center;">Adult Social - Film and Pizza Night</p> <p style="text-align: center;">Date: Tuesday 26th September Time: 5:30 PM Location: HACS Resource Centre</p>	<p>A film and pizza night for all young adult/adults registered with our Wellbeing Hub or Adult Hub aged 16+ (no upper age limit). Food will be served from 5:30pm and the film will start at 6pm. The cost of the social is £5 which will cover the cost of the food and drink.</p>

Bookings can be made online via our website <https://www.hacs.org.uk/what-s-on>

HILLINGDON AUTISTIC CARE AND SUPPORT Registered Charity No. 1066859

HACS RESOURCE CENTRE, DUDLEY PLACE, OFF PINKWELL LANE, HAYES, MIDDX UB3 1PB

Tel: 0208 606 6780 Fax: 0208 606 6781

Email: enquiries@hacs.org.uk Website: www.hacs.org.uk